



Identification of nobiletin, a polymethoxyflavonoid, as an enhancer of adiponectin secretion

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ABSTRACT

Adiponectin, an adipocyte-derived protein with insulin-sensitizing, anti-diabetic and anti-atherogenic activities, is known to be induced during adipocyte differentiation. Nobiletin, a citrus polymethoxy flavonoid, was found to induce the differentiation of ST-13 preadipocytes into mature adipocytes and enhance the production of adiponectin protein at a concentration of 10 μ M.

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Recent studies have revealed that in addition to functions as the major energy reservoir adipocytes play a role as endocrine cells that secrete different bioactive proteins, which are termed as adipocytokines, including leptin and adiponectin.^{1–3} Among adipocytokines, the functions of adiponectin have been the focus of recent attention because accumulating evidence has shown that there are close relationships between circulating adiponectin levels and a variety of lifestyle-related diseases, including obesity, coronary artery disease, type 2 diabetes and metabolic syndrome, and adiponectin exhibits insulin-sensitizing, anti-diabetic and anti-atherogenic activities.^{1–4} Collectively, it is reasonable to consider that adiponectin represents a useful target for treating or preventing insulin resistance, type 2 diabetes, metabolic syndrome and cardiovascular diseases. Adiponectin expression was found to be potently induced during adipocyte differentiation.^{5,6} Thiazolidinedione analogs like rosiglitazone (**1**), which are synthetic ligands for peroxisome proliferator-activated receptor γ (PPAR γ), have been shown to induce adipocyte differentiation and then enhance mRNA

expression and secretion of adiponectin.^{7,8} Most inducers of adiponectin expression and/or secretion, including sulfonylurea agents like glimepiride (**2**),⁹ and anandamide (**3**),¹⁰ have shown to induce adipocyte differentiation. These findings should imply the possibility that an inducer of adipocyte differentiation promotes the secretion of adiponectin protein. Based on this possibility, we searched an adipocyte differentiation inducer using a screening system involving a ST-13 preadipocyte cell line that we had previously established from adult mice,¹¹ and then examined the identified adipocyte differentiation inducers for their actions on the protein level of adiponectin.

Adipocytes, but not preadipocytes, show accumulation of lipid droplets in their cytoplasm. So it is easy to distinguish adipocytes and preadipocytes by a microscopic examination. Using this examination, we screened different samples, including chemical agents and crude extracts derived from plants, microorganisms and marine sponges, for their differentiation-inducing activity against ST-13 preadipocytes.¹² Among the tested samples, nobiletin (**4**; 5,6,7,8,3',4'-hexamethoxyflavone), a polymethoxy flavonoid from *Citrus depressa*, was found to be one of the most potent inducers of ST-13 preadipocyte differentiation. Figure 1A shows the observa-

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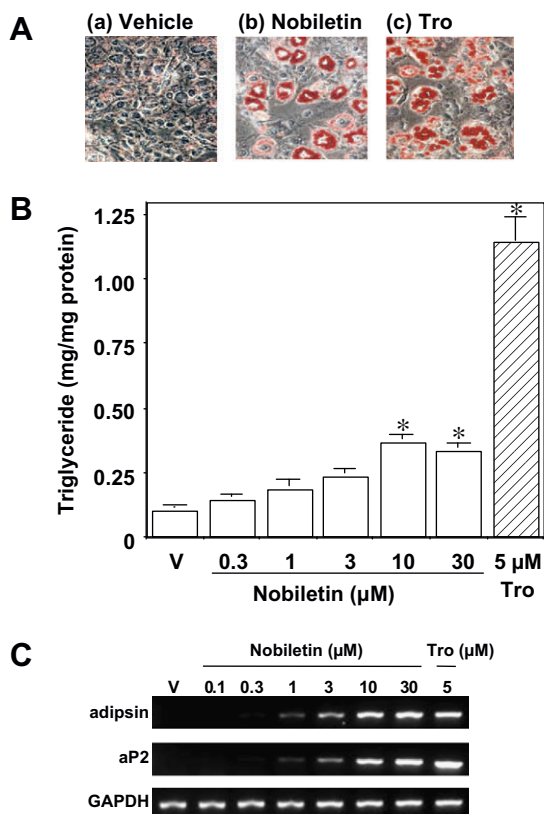
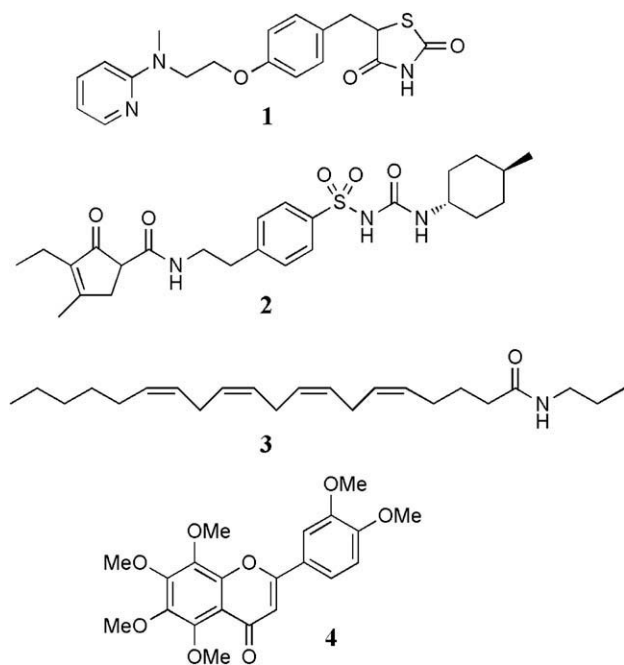


Figure 1. Effects of nobiletin on adipose differentiation of ST-13 cells. ST-13 preadipocytes were cultured in the presence of vehicle (V, 0.1% dimethylsulfoxide), nobiletin, and troglitazone for 11 days. (A) Oil red O staining of ST-13 cells at day 12 in vehicle medium (a) or in medium supplemented with 10 μ M nobiletin (b), or 5 μ M troglitazone (c). Original magnification \times 100. (B) Triglyceride contents were determined by the method of Fletcher.¹⁸ Data are expressed as means \pm SD (n = 3). * P < 0.05, versus vehicle (V). Tro = troglitazone. (C) mRNA levels of adipin and adipocyte P2 (aP2), which are genes specific for differentiated adipocytes, were analyzed by semi-quantitative RT-PCR.

tions in representative experiments. The cells treated with nobiletin showed visible deposits of Oil red-stained lipid droplets, compared to the vehicle-treated cells. When ST-13 preadipocytes were treated with the indicated concentrations of nobiletin, they differentiated into lipid-accumulating adipose cells within 11 days after cell seeding. Troglitazone, a positive control, also showed such an activity. The triglyceride determination in the nobiletin-treated cells showed that its effect was concentration-dependent up to 10 μ M (Fig. 1B). The ability of nobiletin to induce adipocyte differentiation of ST-13 cells was confirmed by molecular biologi-

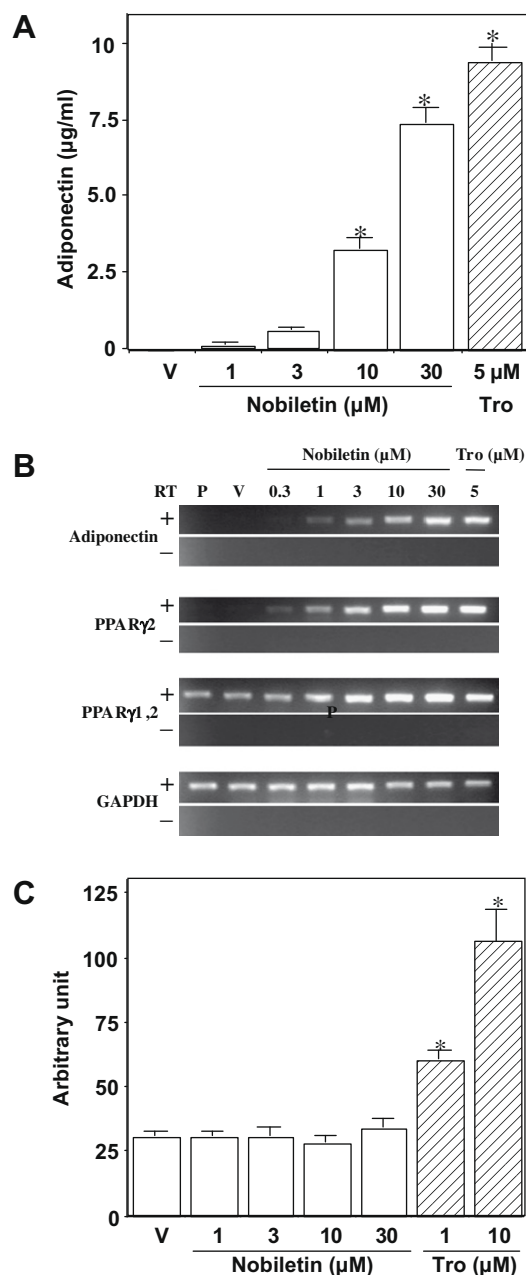


Figure 2. Effect of nobiletin on secretion of adiponectin protein (A), mRNA expression of adiponectin in ST-13 cells (B), and activation of PPAR γ in luciferase ligand assay system (C). (A) The conditioned medium of nobiletin-treated ST-13 cells for 11 days was determined for its adiponectin amounts by ELISA. Data are expressed as means \pm SD (n = 3). * P < 0.05, versus vehicle (V). Tro = troglitazone. (B) The nobiletin-treated ST-13 cells were subjected to semi-quantitative RT-PCR. RT = reverse transcriptase. Tro = troglitazone. PPAR = peroxisome proliferator activated receptor. P = ST-13 preadipocytes. V = vehicle. (C) Data are expressed as means \pm SD (n = 3). * P < 0.05, versus vehicle (V). Tro = troglitazone.

cal analyses; namely, the compound induced the mRNA expression of adiponectin and aP2, both of which are adipose-specific genes,¹³ as shown in Figure 1C. These observations prompted us to evaluate the effect of nobiletin on the level of adiponectin protein. So the conditioned media of the ST-13 cells treated with nobiletin were examined for their adiponectin content by an ELISA kit according to the manufacturer's directions (mouse/rat adiponectin ELISA kit, Otsuka Pharmaceutical, Tokyo, Japan). Nobiletin promoted adiponectin secretion in a concentration-dependent manner (Fig. 2A). It stimulated the adiponectin secretion by 340% at a concentration of 10 μ M, compared to the vehicle-treated control. A structure/activity relationship analysis showed that 5,7,8,4'-tetramethoxyflavone had a small effect on adiponectin secretion, suggesting that dimethoxy groups of nobiletin at C6 and C3' were responsible for its activity.

To examine whether the increased secretion of adiponectin protein by nobiletin was associated with an increase in mRNA level of adiponectin, a semi-quantitative RT-PCR was performed. As shown in Figure 2B, nobiletin potently increased adiponectin mRNA expression, compared to the vehicle-treated control. Such increases seemed to be concentration-dependent. Saito et al. reported that nobiletin upregulated adiponectin mRNA levels in 3T3-L1 cells.¹⁴ However, they did not evaluate the protein level of adiponectin. Yamada et al. showed that telmisartan upregulated the mRNA expression of adiponectin, but did not increase the production of adiponectin protein.¹⁵ Thus, our study first provides evidence that nobiletin elevates the production of adiponectin protein. Nobiletin also stimulated the mRNA levels of aP2, adiponectin and PPAR γ 2, biomolecular markers specific for differentiated adipocytes.

Some substances like thiazolidinediones have found to induce adiponectin expression through direct activation of PPAR γ .^{9,10} So we examined whether nobiletin showed PPAR γ agonist activity using a luciferase ligand assay system.¹⁶ The luciferase reporter assay showed that nobiletin exhibited little or no PPAR γ agonistic activity at a concentration of 30 μ M, whereas troglitazone, a PPAR γ ligand, potently and concentration-dependently activated reporter gene (Fig. 2C). This might imply that the adiponectin-inducing action of mechanism of nobiletin might differ from those of thiazolidinediones like troglitazone which upregulate adiponectin expression via activation of PPAR γ . Like nobiletin, cyanidin without PPAR γ agonist activity has been reported to induce adiponectin mRNA expression and secretion.¹⁷

In summary, the present study identified both the PPAR γ non-agonist (nobiletin) and the PPAR γ agonist (thiazolidinediones) as an enhancer of adiponectin protein production. This implies that the system can also detect an inducer of adiponectin protein that has an action of mechanism distinct from those of the PPAR γ agonists. These findings indicate that our screening system is useful for discovering an adiponectin inducer.

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